

Anchored in Christ

A Seven-Day Journey to Finding Your Identity and Security in Jesus

Day One **Who Am I?**

Scripture:

"Therefore, if anyone is in Christ, he is a new creation; old things have passed away; behold, all things have become new." 2 Corinthians 5:17

"But to all who believed Him, He gave the right to become children of God." John 1:12

"For we are His workmanship, created in Christ Jesus for good works, which God prepared beforehand that we should walk in them." Ephesians 2:10

Devotional Thought

One of life's greatest questions is, Who am I? The world encourages us to answer that question by looking at our accomplishments, appearance, relationships, possessions, career, popularity, or even our failures. Yet every one of those things can change in a moment.

God gives a completely different answer. When we place our faith in Jesus Christ, our identity is no longer built upon what we do—it is built upon who we are. We become children of God. We are forgiven, accepted, and made new. Nothing about our past has the final word because Christ does. The more we understand who we are in Him, the less we depend on people's changing opinions.

Reflection: Read the verses again slowly.

According to these verses, who does God say I am?

What labels have I allowed to define me? (Failure, widow, lonely, successful, busy, fearful, unworthy, people-pleaser, etc.)

Which of those labels does God want me to replace with His truth?

Do I define myself by God's truth or by my circumstances?

What would change in my daily life if I truly believed I was God's beloved child?

Truth to Carry With Me Today:

I am a beloved child of God.

I belong to Jesus.



Day Two **When People Become Our Mirror**

Scripture

"The fear of man brings a snare, but whoever trusts in the Lord shall be safe." Proverbs 29:25

"Am I now trying to win the approval of human beings, or of God?" Galatians 1:10

Devotional Thought

It is natural to appreciate encouragement from others. The danger comes when our happiness depends upon their approval. If people praise us, we feel valuable. If they criticize us, we question our worth. Living this way becomes exhausting because people's opinions constantly change.

God's opinion never changes. Through Christ, He declares us loved, forgiven, chosen, and accepted. His approval was demonstrated at Calvary, not earned by our performance. Freedom comes when His voice becomes louder than every other voice.

Reflection

Whose approval matters most to me?

How do I react when someone criticizes me?

Is there someone whose opinion has become more important than God's?

What truth from today's Scriptures can replace that fear?

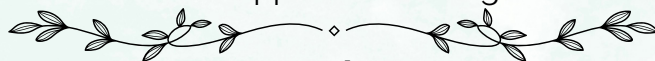
How would my life change if I truly believed God's opinion was enough?

Action Step

Whenever I catch myself worrying about what others think, I will pause and thank God that my value was settled at the cross.

Truth to Carry With Me Today:

God's approval is enough.



Day Three

Security That Cannot Be Shaken

Scripture

"God is our refuge and strength, a very present help in trouble." Psalm 46:1

"Jesus Christ is the same yesterday, today, and forever." Hebrews 13:8

Devotional Thought

Many things promise security.

- Savings accounts.
- Health.
- Relationships.
- Retirement.
- Success.

While these are blessings, none were designed to carry the weight of our hearts. Everything on earth changes. Only Jesus remains the same. When our confidence rests in Him, life's storms may shake us, but they cannot destroy our foundation. Security is not found in having control. It is found in knowing the One who does.

Reflection

What gives me the greatest sense of security?
If that were suddenly taken away, where would my heart turn?
When have I experienced God's faithfulness during uncertain times?
Which promise in today's Scriptures brings me the most peace?

Action Step

Give one specific worry to the Lord today and intentionally leave it in His hands.

Truth to Carry With Me Today

Christ is my unshakable refuge.



Day Four

Accepted, Not Performing

Scripture

"He made us accepted in the Beloved." Ephesians 1:6

"There is therefore now no condemnation to those who are in Christ Jesus." Romans 8:1

Devotional Thought

Many believers live as though they must constantly earn God's acceptance. We work harder. Serve longer. Try to be perfect.

Yet God's love was never based upon our performance. Jesus accomplished everything necessary at the cross. Because of Him, we serve from acceptance—not for acceptance. Grace removes the exhausting burden of trying to prove ourselves.

Reflection

Do I ever feel I must "earn" God's love?
Do I measure my value by how much I accomplish?
What burden do I need to lay at Jesus' feet today?
What does God's grace invite me to do differently?

Action Step

Thank Jesus specifically for accepting you because of His finished work.

Truth to Carry With Me Today

I am accepted because of Jesus.



Day Five

Loved Beyond Measure

Scripture

"See what great love the Father has lavished on us, that we should be called children of God!"

1 John 3:1

"Nothing shall be able to separate us from the love of God which is in Christ Jesus our Lord."

Romans 8:38–39

Devotional Thought

Our world often measures love by performance, beauty, usefulness, or success. God's love is entirely different. His love pursued us while we were still sinners. His love remains when we fail. His love never weakens. Nothing—not failure, disappointment, aging, loss, or criticism—can separate us from His love. When we truly believe we are deeply loved by God, we stop desperately searching for love in places that leave us empty.

Reflection

When do I feel most unlovable?

Do I really believe God delights in me?

What does Romans 8:38-39 tell me about God's love?

Is there anything keeping me from fully receiving His love?

How can I share that love with someone else today?

Action Step

Read Romans 8:38–39 aloud several times today.

Truth to Carry With Me Today

Nothing can separate me from God's love.



Day Six

Living Securely in Christ

Scripture

"You have died, and your life is hidden with Christ in God." Colossians 3:3

"The Lord is my shepherd; I shall not want." Psalm 23:1

Devotional Thought

Security changes how we live. A child who knows they are loved walks differently than one who constantly fears rejection. Likewise, believers who know their identity in Christ begin living with confidence, peace, generosity, and courage. We no longer strive to become valuable. We already are valuable because we belong to Him. Instead of living to impress others, we live to glorify Christ.

Reflection

In what situations do I struggle with insecurity?

Does my life reflect security or insecurity?

What fears seem to control my decisions?

What would it look like to live confidently because I belong to Christ?

What act of obedience is God asking of me today?

Action Step

Today, choose one act of obedience simply because you love Jesus—not because you hope someone notices.

Truth to Carry With Me Today

My confidence is in Christ alone.

Day Seven

Resting in Who Christ Says You Are

Scripture

"Abide in Me, and I in you." John 15:4

"The Lord will perfect that which concerns me." Psalm 138:8

Devotional Thought

The Christian life is not about constantly striving. It is about abiding. Branches do not struggle to produce fruit. They remain connected to the vine. As we spend time with Christ through His Word, prayer, worship, and obedience, our confidence slowly shifts from ourselves to Him. Our identity becomes rooted in His unchanging character rather than our changing emotions. That is true security. Not because life becomes easy. But because Christ never changes.

Reflection

What helps me remain close to Jesus?

How can I intentionally abide in Him this week?

Looking back over this week...

What truth impacted me the most?

What false identity have I begun to surrender?

What new truth about Christ has become precious to me?

How do I want to continue growing in my identity in Him?

Action Step

Spend ten quiet minutes simply thanking Jesus for who He is rather than asking Him for anything.

Truth to Carry With Me Today

My identity is secure because I belong to Jesus.



Closing Thoughts

Our True Identity

Every person spends their life searching for identity and security. Some pursue success. Others seek approval. Some depend upon relationships, possessions, titles, or achievements. Yet every earthly foundation eventually shifts.

Only Christ remains. When we understand who we are in Him, fear begins to lose its grip. Comparison loses its power. Failure no longer defines us. Success no longer controls us. Instead, we discover the wonderful freedom of simply belonging to Jesus.

We are:

- Children of God.
- Completely forgiven.
- Deeply loved.
- Fully accepted.
- Never abandoned.
- Secure forever in Christ.

The greatest security we will ever know is not found in what we possess, what others think, or even how we feel. It is found in the unchanging character of our Savior. May we continually return to His Word and allow Him—not the world—to tell us who we are.

"My identity is in Christ alone, and my security rests safely in His unfailing love."



Looking Back...

What did God teach me this week about my identity?

Which Scripture spoke most deeply to my heart?

Where have I been looking for security apart from Christ?

What am I ready to surrender to Him?

What new truth do I want to remember every day?

Write a prayer to God expressing what He has shown you this week.

