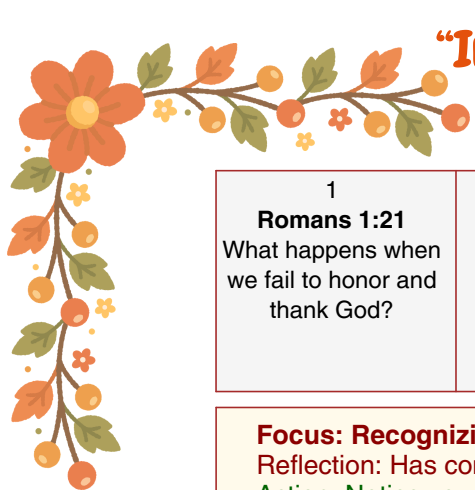




"In everything give thanks; for this is the will of God in Christ Jesus for you."

1 Thessalonians 5:18

1 Romans 1:21 What happens when we fail to honor and thank God?	2 Philippians 2:14-15 How does complaining affect our Christian witness?	3 Numbers 11:1 What does Israel's complaining reveal about God's view of grumbling?	4 1 Corinthians 10:10-11 What can we learn from Israel's repeated complaints?	5 James 5:9 How can grumbling against others harm our fellowship?	6 Philippians 4:11-12 How is contentment different from complaining?	7 Psalms 106:24-25 How can unbelief lead to complaining and disobedience?
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Focus: Recognizing an ungrateful heart. Examining the attitudes that lead to complaining and discontentment.

Reflection: Has complaining replaced gratitude in any area of my life?

Action: Notice your complaints this week. Replace each one with a word of thanks.

8 Galatians 6:9 What encourages us to keep serving when we grow weary?	9 James 4:17 What responsibility do we have when we know the good we should do?	10 1 Peter 4:10 How does God expect us to use the gifts He has given us?	11 Philippians 2: 3-4 How can putting others first change our willingness to serve?	12 Romans 12:11 What does it mean to serve the Lord with diligence and wholeheartedly?	13 Hebrews 6:10 What assurance does God give those who faithfully serve?	14 Mark 10:45 How does Jesus' example challenge our attitude toward serving?
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Focus: When we grow weary of serving. Examining our willingness to serve God and one another.

Reflection: Am I serving willingly, or leaving responsibilities for others?

Action: Look for one unmet need and willingly offer your help.

15 Psalms 100:2 What does it mean to serve the Lord with gladness?	16 Colossians 3:23-24 How does serving Christ change our attitude toward our work?	17 2 Corinthians 9:7 Why does God value a cheerful giver?	18 Hebrews 13:16 Why are doing good and sharing pleasing to God?	19 Acts 20:35 How have you experienced the blessing of giving?	20 1 Corinthians 15:58 Why is our labor for the Lord never in vain?	21 Colossians 3:17 How can thankfulness become part of everything we do?
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Focus: Serving with a thankful heart. Discovering the joy of serving God with gratitude rather than obligation.

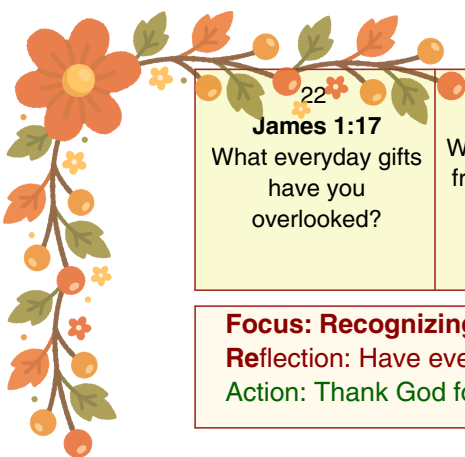
Reflection: Do I see serving as a burden or a privilege?

Action: Serve someone this week without seeking recognition or thanks.



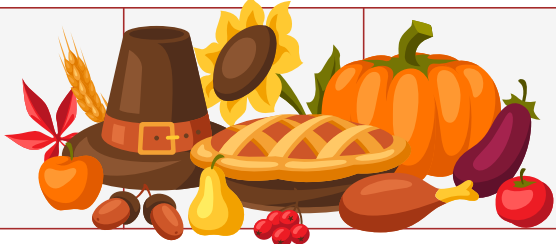
November





22 James 1:17 What everyday gifts have you overlooked?	23 Psalm 68:19 What daily benefits from God deserve your thanks?	24 1 Timothy 6:8 How can food, clothing and shelter teach us contentment?	25 Deuteronomy 8:10-11 How can blessings lead us to forgetting the Giver?	26 Psalm 107:1 What reasons do you have to give thanks to the Lord today?	27 1 Timothy 2:1-2 How can we express gratitude for the freedom to worship and pray?	28 Psalm 103:2 What blessings have you received that you never want to forget?
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Focus: Recognizing our everyday blessings. Giving thanks for the blessings we so easily take for granted.
Reflection: Have everyday comforts caused me to overlook God's goodness?
Action: Thank God for five ordinary blessings you often take for granted.

29 Ephesians 5:20 How can we develop a habit of giving thanks in all circumstances?	30 Colossians 2:6-7 What does it mean to be overflowing with thanksgiving?				
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Focus: Living a life of gratitude. Making thanksgiving a daily way of life.
Reflection: How has gratitude changed my attitude this month?
Action: Begin each day by thanking God before making any requests.

Understanding Biblical Gratitude

Gratitude is more than an occasional expression of thanks. It is a heart attitude that recognizes God as the source of every good gift. An ungrateful heart focuses on what is lacking, while a thankful heart remembers what God has already provided.

Complaining can quietly rob us of joy, weaken our witness, and discourage those serving alongside us. Yet Scripture calls us to something better - to serve willingly, give generously, and encourage one another in love.

We have so much to be thankful for: clean running water, warm homes, food on our tables, freedom to worship, access to God's Word, and the fellowship of other believers. These everyday blessings are easily overlooked until they are gone.

Gratitude does not mean life is free from difficulties. It means recognizing God's goodness even in the midst of them. A grateful heart does more than count its blessings - it looks for ways to become a blessing to others.

